

CHARGE DRAINERS

30 Hidden Stressors That Are Draining Your Health

- Microbial Mayhem (Infections, Imbalance, Low Diversity)
- Toxins and Toxicants (Environmental, Personal Care Products, Household)
- Heavy Metals (Mercury, Aluminum, Lead)
- Food Assassins (Sensitivities, Intolerances, Allergies)
- Electromagnetic Frequency Radiation (EMFs)
- Electron Deficiency (and Element Deficiencies)
- Excessive Exercise
- Spiritual Conflict
- Emotional Scars
- Physical Scars
- Dental Work (Root Canals, Cavitations, Metal Fillings)
- Mold Toxicity
- Breast Implants
- Hormonal Birth Control
- Radiation (X-Rays, CT Scans, Radon, Radioactive Drugs)
- Tattoos
- Junk Light
- Medical and Pharmaceutical Intervention
- Pill Popping (Ibuprofen, Antacids, Aspirin, Allergy Meds)
- Dangerous Perspectives
- Colors That Kill
- Mistaken Subconscious
- Lack of Quality Sleep
- Counterfeit Calories/Fake Foods
- Toxic Water
- Comfort Zones
- Nutrient Deficiencies
- Injuries & Excess Weight
- Internal Imbalances (Leaky Gut, Liver Congestion, Hormone Imbalance)
- Autoimmune Activity